Your six-guide study planner

Choose your own pace. This is a personal planning sheet, not enrollment, an accredited course or a completion certificate.

Companion route: https://valrexa.com/study/learning-path.html

1. Amino acids and acid–base chemistry

Read date: _____ Self-check done: _____ Revisit: _____

2. The peptide bond and protein structure

Read date: _____ Self-check done: _____ Revisit: _____

3. Protein folding and stability

Read date: _____ Self-check done: _____ Revisit: _____

4. Enzymes and kinetics

Read date: _____ Self-check done: _____ Revisit: _____

5. Studying proteins and peptides in the lab

Read date: _____ Self-check done: _____ Revisit: _____

6. Peptide hormones and signaling

Read date: _____ Self-check done: _____ Revisit: _____

My next step